



Dear friends and supporters, we would like to update you on our recent activities and also invite you to celebrate with us the International Day for Elimination of Violence on Women. We appreciate your ongoing support very much and hope you have a nice autumn.

#### CHARITY WALK AGAINST DOMESTIC VIOLENCE

On 20 September, the first annual walk "Šlapeme násilí na paty" took place in Prague 6. The event attracted more than 300 participants. There were a number of media appearances (including TV and radio) before and after the event in pursuit of our main objective - raising awareness about domestic violence. All proceeds went to ACORUS Counseling Centre. In total, we raised 61,000 CZK. This included a donation of 8,- CZK per kilometre walked (totally 16,000 CZK) from our main partner in this event, ECCO shoes. We would also like to extend a big thank you to all other sponsors (Albert, Wrigley, Boldbrick, Konečná and Zacha, Preciosa, Annabis, Lime & Tonic) and media partners (Maminka magazine and iluxury.cz).



#### OPEN DAY IN COUNSELING CENTRE

We celebrate the International Day for Elimination of Violence against Women with a traditional event - the OPEN DAY in ACORUS Counseling Centre in Prague 7. It will take place on Tuesday, 25 November and all readers are invited. We will present an exhibition "Domestic violence through the eyes of children". It introduces the artwork of children who have been exposed to domestic violence and help us to understand their inner world. We invite all of our supporters for a cup of coffee and an informal chat with our experienced child therapists. For more details, click [here](#).

#### PREVENTION FOR STUDENTS

ACORUS received a grant of 60,000CZK from the Prague Municipality once again this year for our prevention project. The project "Partner relationships without violence" offers lectures for high school students. In the second half of 2014, there are 23 lectures scheduled in Prague schools. The aim of this project is to help students to recognize early signs of a potentially violent relationship. The students also learn how to deal with a person (a friend, school mate, parent) who is already a victim of domestic violence.

#### INTERNATIONAL DAY FOR ELIMINATION OF VIOLENCE AGAINST WOMEN

is **November 25**. Why should it be commemorated? Violence against women and girls is one of the most widespread violations of human rights in the world. According to a 2013 WHO (World Health Organization) global study, 35 per cent of women have experienced either physical and/or sexual violence, mostly by their intimate partner. Violence against women is a consequence of discrimination, in law and also in practice, and of persisting inequalities between men and women. **On the occasion of the International Day, symbolic bracelets (80,-CZK) and ACORUS badges (big 40,-CZK, small 20,- CZK) are for sale. By purchasing them you contribute to ACORUS services for victims of domestic violence. If interested, write to: [jitka.komendova@acorus.cz](mailto:jitka.komendova@acorus.cz)**



#### HELP US TO HELP

You can help us by sending a SMS from your mobile. Send a text message "DMS ACORUS" to 87 777. The price is 30 CZK. Or you can contribute more by sending one text message „DMS ROK ACORUS“. Thirty crowns will be automatically added to your mobile phone bill every month for a total annual donation of 360,- CZK. Another way of supporting is to send donations through a safe PayPal account ["DARUJME.CZ"](https://www.paypal.com/donate/?url=https://www.darujme.cz). In September 2014, nine donors sent us a total of 4 450,- CZK. We are grateful for every contribution. Thank you all very much.



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